

A whisper starts, like the dawn of a dream  
The wind carries voices, from battles that have been  
In the fog of thoughts, a spark of hope is born  
The journey begins, through darkness, to the morn

Inside me rages a storm, The world spins 'round and 'round  
A battle of light and darkness, my heart in chains, unbound  
Doubt whispers softly, yet courage shouts so clear  
A spark of hope ignites, breaking through the grey and fear

Rise up, stand tall, shadows fade to light  
Believe in your strength, leave behind the night  
The inner fight, a fire that burns so bright  
Listen to your heart, it battles day and night

Trapped in depths so deep, a sea of fear and pain  
Yet your soul's wings lift you, soaring through the rain  
Scars upon your spirit, tell tales of the fight  
Each fall and rise, revealing your true might

Rise up, stand tall, shadows fade to light  
Believe in your strength, leave behind the night  
The inner fight, a fire that burns so bright  
Listen to your heart, it battles day and night

Through darkness you march, a warrior in the night  
Each step a testament, you never lose the fight  
Doubt and shadows flee before your sight  
You find your strength and walk back to the light

Rise up, stand tall, shadows fade to light  
Believe in your strength, leave behind the night

The inner fight, a fire that burns so bright  
Listen to your heart, it battles day and night

In the dark, you find your light  
A glimmer of hope that shines so bright  
The journey's tough, but the path is clear  
With every step, you'll conquer fear

Rise up, stand tall, shadows fade to light  
Believe in your strength, leave behind the night  
The inner fight, a fire that burns so bright  
Listen to your heart, it battles day and night

The storm subsides, the battle now is past  
In victory's glow, a new day dawns at last  
The shadows fade, the light returns anew  
In the peace of stillness, your soul finds truth